

36 measures of health, the factors that shape health, and drivers of health equity to guide local solutions for 500 U.S. cities

The challenge

Neighborhoods right next to each other can provide drastically different opportunities for health and well-being. Local data on preventable disease rates, childhood poverty, housing costs, and high school graduation can help us understand where actionable gaps in opportunity exist and target programs and policy changes to address them.

There's a saying: what gets measured gets done

But when it comes to measuring and improving health, it's been hard to find rigorous data that give the full picture of health and factors that influence health at the city and neighborhood level. This is because most data on health and drivers of health and well-being have been organized at the county, state, or national level.

That's where the City Health Dashboard comes in

The City Health Dashboard pulls together local data from multiple national sources to equip cities with a one-stop resource to view and compare city- and neighborhood-specific data to guide local solutions that create healthier and more equitable communities.

“The City Health Dashboard helps us focus our efforts. It gives us a gut check on whether we’re headed in the right direction or whether we might need to change course. And it’s easy to use.”

– Ellen Cynar, Director, Healthy Communities Office, City of Providence, Rhode Island

What Does the City Health Dashboard Measure?

Clinical Care	Health Behaviors	Health Outcomes	Physical Environment	Social & Economic Factors
<ul style="list-style-type: none"> Dental care Prenatal care Preventive services Primary care physicians Uninsured 	<ul style="list-style-type: none"> Binge drinking Opioid overdose deaths Physical inactivity Smoking Teen births 	<ul style="list-style-type: none"> Breast cancer deaths Cardiovascular disease deaths Colorectal cancer deaths Diabetes Frequent mental distress Frequent physical distress High blood pressure Low birthweight Obesity Premature deaths (all causes) 	<ul style="list-style-type: none"> Air pollution—particulate matter Lead exposure risk, overall Lead risk due to housing age Limited access to healthy foods Park access Walkability 	<ul style="list-style-type: none"> Absenteeism Children in poverty High school graduation Housing cost, excessive Income inequality Neighborhood racial/ethnic segregation Racial/ethnic diversity Third-grade reading proficiency Unemployment Violent crime

A powerful tool for change

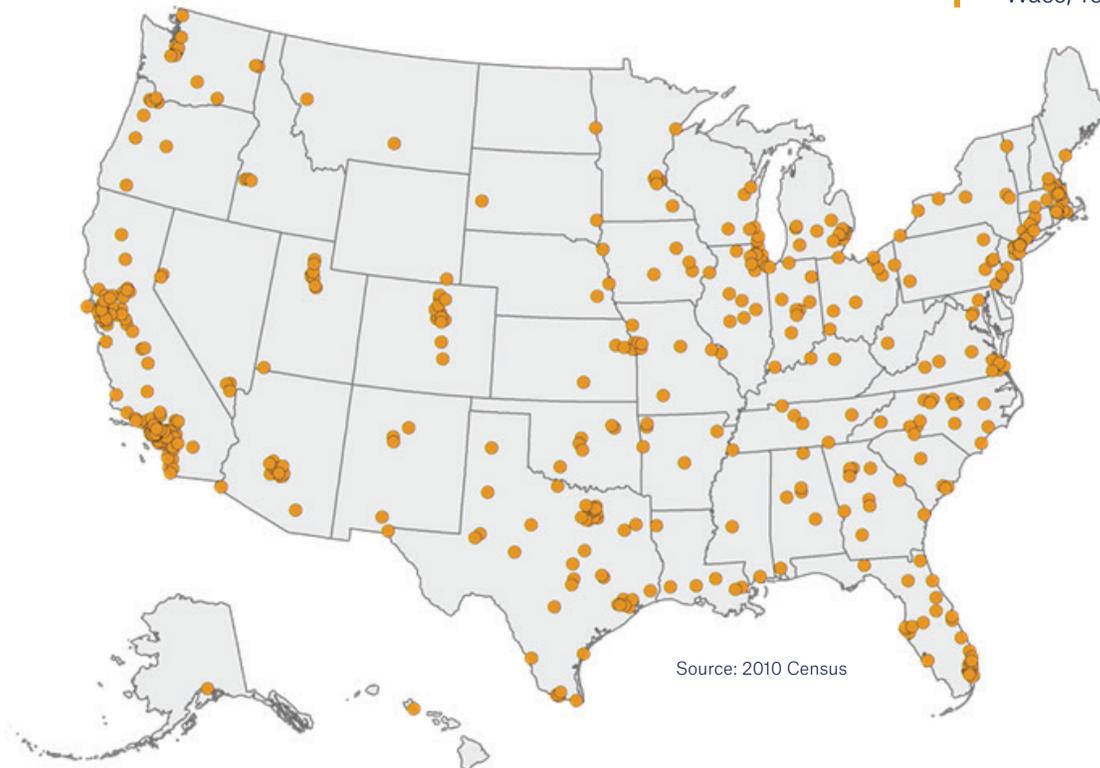
The Dashboard equips community leaders, city officials, and advocates with a clearer picture of the biggest health-related challenges in their communities and better positions them to drive change towards improved health for all.

With this one-stop online resource, users can:

- Pinpoint neighborhoods within their cities that are experiencing better or worse health outcomes and dig deeper into what is contributing to those differences
- Compare health outcomes and factors that influence health, such as chronic absenteeism and income inequality, within a city to find correlations and to see how particular metrics are related
- Compare their cities to others with similar characteristics, creating an opportunity to learn from peer cities how successfully to address specific challenges
- Explore resources, such as evidence-based policies and programs, to support effective action in their communities

“For the first time, we’re able to make comparisons, not only at the county level, but across cities. Using this valuable data in our community means being able to target specific strategies to see the largest impact and best possible outcome for our community.”

– Brittany Fitz Chapman,
Director of Data &
Research, Prosper Waco,
Waco, Texas



City Health Dashboard Cities

*Cities from VT WY, WV were added to ensure all states were represented in this project.

More than 80 percent of U.S. residents live in urban areas, and a third of Americans reside in the country’s 500 largest cities—those with populations of about 66,000 or above.

We all have a role to play to improve health and well-being in our communities.

To view and explore the data visit: www.cityhealthdashboard.com